

at last after all these months
The "Health" report 6 July 74

6 JULY 74

very dear Pam & John;
VERY DEAR

Sally
why i didn't write why your packages/gifts/books/loans etc are late why I started to cry when my lamb chop fell in the dusty chicken shit at Howells cookd out where anthony build the fire place in front on the old barn why i didn't go swimming at the quarry why I fell down in the street in Sweden why I couldn't manage to carry my suitcase why I could still dance crazily but saw spots dizzy from standing still in a line why I tore up all the telephone books when a. accidentally looked me IN the flat & I had all the props & materials for a performance that day to gather in three hours why I only do solo performances & no more troupes perhaps all those why and certainly why swollen glands for 6 months bloating indigestion weakness bad skin exhaustion impatience ferocious hungers all hours of the day bones ache nausea wine tasted like rust constant esophagal spasms 10 months farting belching short of breath and finally in london from one dr to another nothing is working properly could only digest vegetables carrying watercress everwhere now thats boring enough dangerously low blood pressure hypoglycemia

involving liver & gall bladder dysfunction

achlorhydria and acid rebound

sympathecicatonia

adrenal insufficiency

hyperthyroid

hypo pituitary

xxxxxxx that's all folks

the cure is underway slow slowly too dizzy to describe it / essentially the brain wavers on and off working in the garden on the high energy hours extremely restricted diet and some of the four elements come from the garden extracted juices theres a break but impossible to work mental concentrations and falling asleep often enough or too often enough did you know Telluride Colorado hsving first experimental film festival:

dusan makajev leni reifensbahl cuppola very funny my friend tom luddy pacific film archives called mentioned telluride film festival colorado sure is big 600 miles from denver and another witch way 400 miles from brakhage

aww
anthony doing english gentry all over the lawn or to it and being heroic in keeping food & me apart and steadying the rest

well dear Pam and John and Clyton and Caryl: did I write when we left you they found the kitty litter 400 foot film tin & said "Kitty litter! Well then there must be a kitty!" I kept smiling and said yes, "Well then!" Unzipped the black sack upspring you know who. The delayed the plane half an hour consulting with Captain Cabbage; stewards running around in half moon axes stamping "NAUGHTY" on our foreheads finally insisted we could board if we agreed to buy a "PROPER TRAVELING BOX" (my box travels properly!) fortunately dear old england was misrepresented ing Kitch with a HUGE willow wicker hand woven leather thongs basket tariff LLBs 6- worth every weave of it but of course being so huge it

required an entire seat for itself with small & Cat rattling about behind the willow reeds...and they didn't have an ailse to stuff holy mary mother of us all gave the steward the human condition by which to adjust the moral monster coercion one aml small trained performer cat exploded in his hi-jack wang-off seed pod brain.... holy mother lay before us

one small Indian man in the center seat with one empty on each side! Quietly reading. At Peace. Steward Spinach pounced. One small brown man quickly dispatched ("I'm terribly sorry sir you only think you are in the Proper seat-- we'll have to push you overboard...sorry...and here's your macintosh!")

No that wasn't the end of it anyways no lucky number Boac got caught after 7 yukky hours got caught over Kenedy in violent thunder ~~xxxx~~STORM flying blind turbulence terrific vomit everywhere the plane smelled to high heaven! I had an iron paw clutched onto anthony and spotted thru the space between seats row on row of mingled clumping fingers because while we were being tossed up down up down up down lightening clattering out the grey window space of high heaven/the plane had to accelerate and brake in the dizzying circle not to lose altitude etc. I kept visualizing clumps of eye balls tufts of hair flying loose around the plane as following by platters and assorted organs as we all shook to bits and kitch was very ill as well touchingly aiming each upset into the 400 foot film tin of kitty litter/neatly. And of course she was on my lap & the tin on the floor & we all leaned on the basket which had been strapped down by Steward Rutabagas who explained it might just become a projectile traveling at 15 tons it ~~xxxx~~ gross annual product cutting off heads if we suddenly lost altitude (and we were)..

at some moment Steward Sorrell staggered up with a lear and said "Everything alright? Cat in the basket? Thats good. You mustn't open it now!" kitch on my lap and we grinned "we won't even peek". God Bless Queen Bess.

Richard and Phillipa had made an enlarged marvelous garden. Roses & wild flowers in every vase and the floors shining and everything lovely they cooked us welcome home fish i am always hungry now & extremely skinny like a young boy but nauseous & only eat the brown rice gruel baked potatoes apple sacue garden juice thats all the "healing crisis" es begin as the liver starts to throw off body flushes all accumulated toxins begins to heal itself time consuming and many special exercises simple methodical breathing ones as well

many interesting linkings to remark but too precise to write still I get into city ~~xxxxxx~~ to teach my class on feminist art history and some fantastic research has already evolved when we find it it really is thrilling and re-integrates re-centers the flow and charge of all historical fixations ("trughts" "facts"-- bull shit & lies with a difference/the same!)

please appreciate my stubborn good will -- this harder than it ~~xxx~~ might seem ...tearing through the viels and good practice I say-- and that work is how is we are dizzy fixity can still aim clear ings and the form of letter sharing lots of love. work well!

The Good News - A Nat Andrew Grant for a New independent work with video + film! At last I'll have some equipment to work with.

Hope / me + work as you deserve! + love love love

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